

What Kind of Mindset Do I Want to Have During COVID-19?

 <p>Problem ?</p>	 <p>Fixed Mindset</p>	 <p>Growth Mindset</p>	 <p>Innovation Mindset</p>
<p>Covid-19 is making people sick all over the world.</p>	<p>I am scared and worried about what is happening. It is out of my control.</p>	<p>I can stay well-informed about the situation to understand how it impacts on me and my family.</p>	<p>I can use the information I learn to make the most of this situation.</p>
<p>Schools are closed and children are learning from home.</p>	<p>I can't learn if I can't go to school.</p>	<p>I can keep learning if I put in the effort and stay motivated.</p>	<p>I have a unique opportunity to learn new skills and try something I've never done before.</p>
<p>We are all being asked to practice social distancing.</p>	<p>I have to stay indoors and do nothing.</p>	<p>I can find new ways to do things if I try.</p>	<p>Social distancing gives me the opportunity to help people do things differently.</p>
<p>We can't do activities in groups.</p>	<p>I can't see my friends or do fun activities with them.</p>	<p>I can stay connected with my friends if I put my mind to it.</p>	<p>I can help people stay connected using technology in innovative ways.</p>
<p>There are many problems caused by Covid-19.</p>	<p>The problems are too big for me to solve. I can't help.</p>	<p>I can help solve problems if I work hard and learn from others.</p>	<p>I can design a solution to a problem caused by Covid-19.</p>